



MARATHON MANIACS

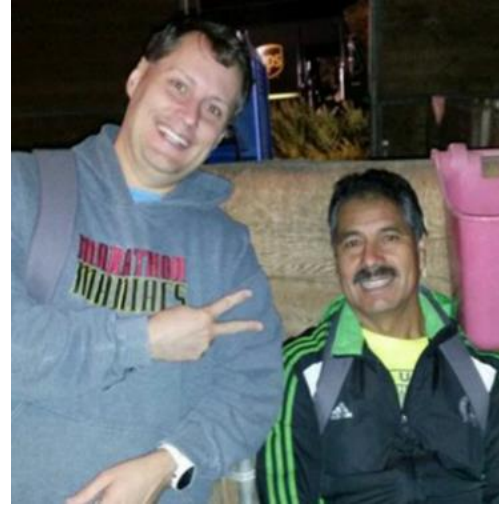
SEPTEMBER 2015 NEWSLETTER

Volume 12, Number 9

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Pocatello Marathon

POCATELLO, IDAHO



New Web Site!



After 12+ years, the Maniacs web site has taken a new look. Just about every aspect of the web site has a new look. There are a few bugs that need to be worked out, so bear with us as we get them fixed. We suggest that you log in and make sure you can get in. If you see anything that needs to be fixed, e-mail us and let us know (info@marathonmaniacs.com).

www.marathonmaniacs.com



Drew Mullen wins the inaugural Rouge Run Marathon



Jim



Cade and Jennifer



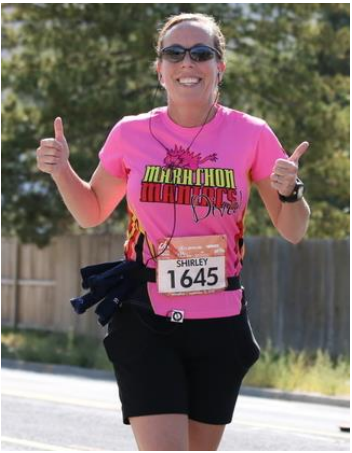
HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 12,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

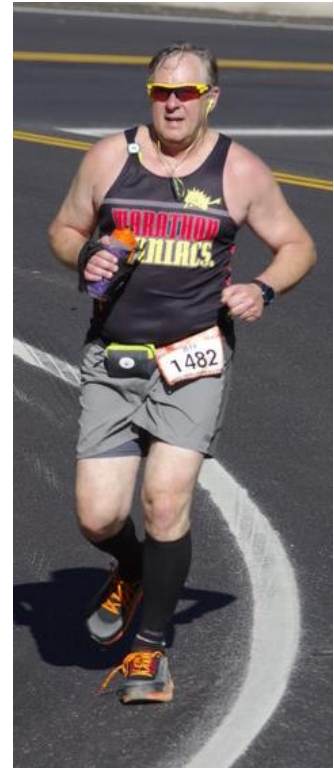
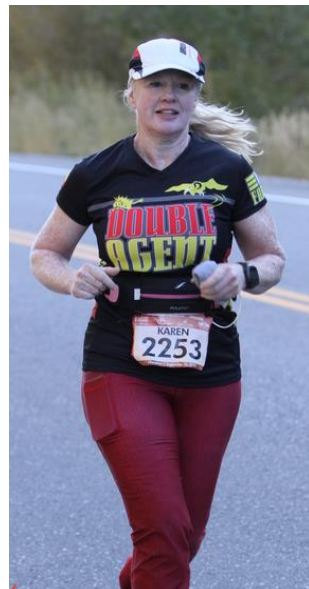
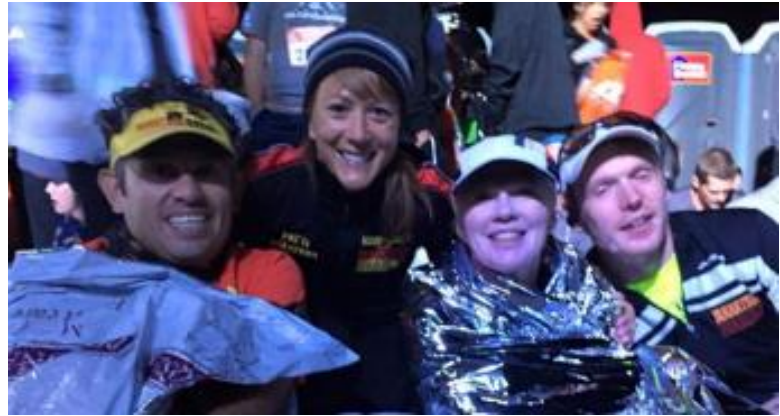
www.halffanatics.com





Big Cottonwood Marathon

SALT LAKE CITY, UTAH





Patrick and Kelli



Alison and Alvin



Eric and Chrissy



Amanda and Ken



Dave



Trisha, Bill and Kate



Laura

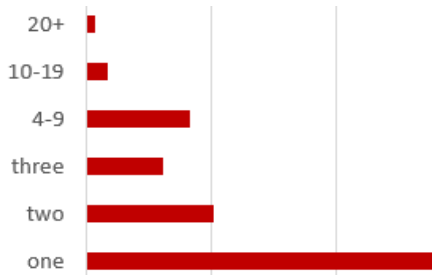


MANIAC POLL

Each month there will be a "Maniac poll". This poll will be posted online. Please take a few moments to answer this poll. I will post the results in the next newsletter.

Do you save the bib numbers from races that you run?

Please vote online between now and December 10: <http://tinyurl.com/MMpoll2015g>



Last month's question:

How many marathons did you run in the first calendar year you ran marathons?

Most Maniacs started out by running just one marathon in their first year of marathoning.

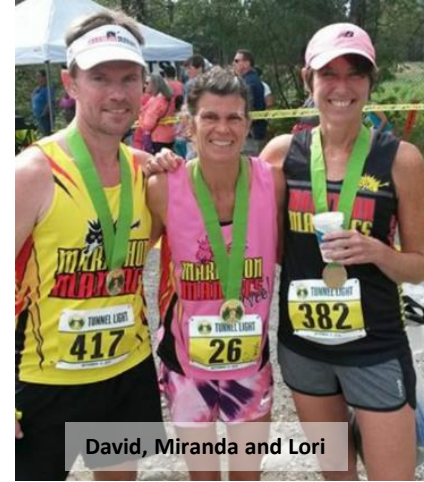
Thanks for voting!



Stephanie



Roger and Sabrina



David, Miranda and Lori



Marc

Tunnel Light Marathon

NORTH BEND, WASHINGTON



Jennifer and Bill



Laura



Jordan



Dean



Monte and Lorinda



Sabrina



Monte



Dean Kayler



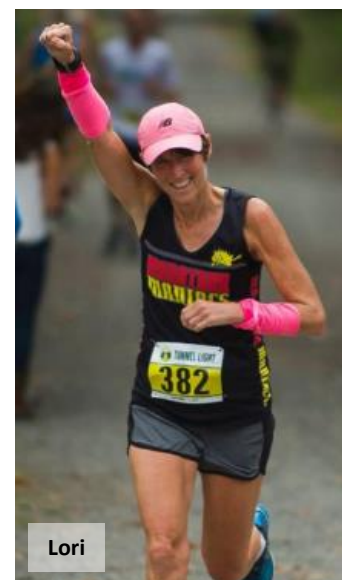
Rufus



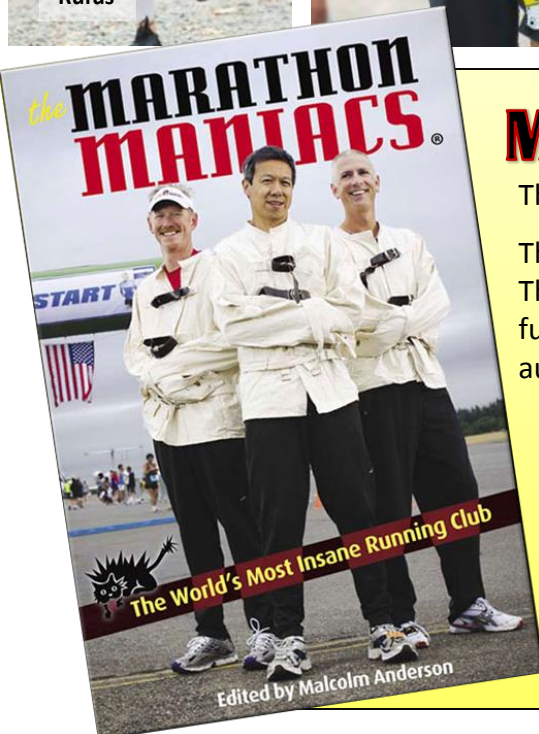
Roger



Stephanie



Lori



MARATHON MANIACS: THE BOOK

The Marathon Maniacs have released a book!

This book is collection of stories by members of the Marathon Maniacs. These stories are sure to be encouraging and motivation to current and future members. The book was edited by Maniac Malcolm Anderson author of the book "The Messengers".

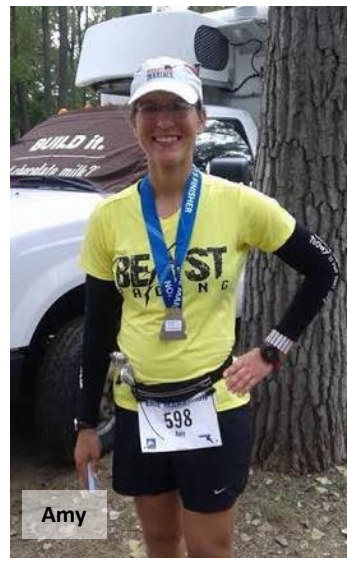
Be sure to get your copy of the book and enjoy the stories of the World's Most Insane Running Club!

<http://www.databarevents.com/store/product/101/Marathon-Maniacs-Book>

Autographed Copy:

<http://www.databarevents.com/store/product/103/Autographed-MM-Book>

MARATHON MANIACS SEPTEMBER 2015 NEWSLETTER



Amy

Michelle

Bob

Jeff

MARATHON MANIACS PACE TEAM

The Official Marathon Maniac Pace Teams

Did you know the Marathon Maniacs have an official pace team? Since Maniacs are no stranger to running 26.2 miles many of you are good running these runs.

There are many great reasons to join the pace team and many rewarding aspects to being a pacer.



Requirements to be a Pacer

- Must have completed 15 marathons for your desired distance to pace
- Marathon Pacer: Must have completed the marathon distance 20 minutes faster than your pace time for the full marathon (example: to pace a 4:00 hour you must have run a 3:40 marathon)
- To be in good standing with the Marathon Maniacs and all dues current
- Have your MM race page updated so that we can link your information
- CPR Certification by event date-please contact your local fire department for a FREE class

Pacer Perks

- Free to join!
- Waived entry fee
- Sublimated Pace Shirts
- A chance to carry the coveted maniac cat pace sign
- Discounts on lodging when applicable
- Fun pacing runners to their goal finish time

Best of luck to you securing your spot on the pace team!

For more information on which races we are looking for pacers and on getting signed up please visit:

<http://www.marathonmaniacs.com/marathon-maniacs/pacer-team>

Marathon Maniac Pacing Coordinator: **Sabrina Seher** (MM #3397)



Nadia



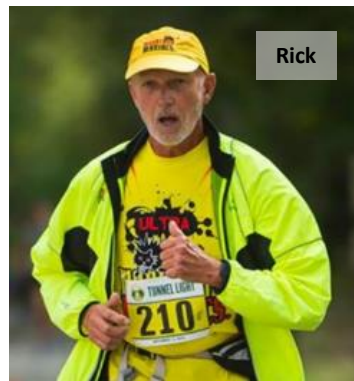
Rebecca



Terrance, Julia, Halbert



Rick



Mark



Join the Maniacs on Social Networking!



FACEBOOK:

Marathon Maniac page: <http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group: <http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

MY SPACE:

<http://www.myspace.com/marathonmaniacs>

LINKED IN:

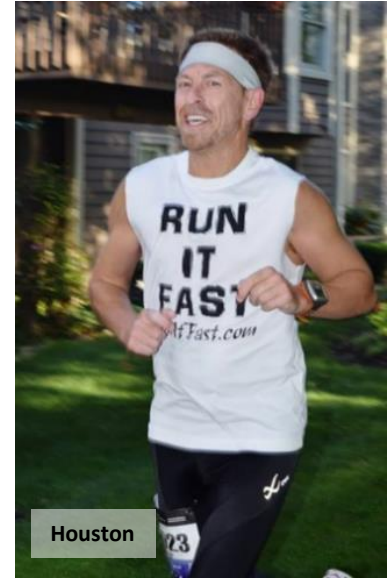
<http://www.linkedin.com/e/vgh/1843119>

DAILY MILE:

<http://www.dailymile.com/groups/1403-marathon-maniacs>

Across all social networks use the hash tag:

#marathonmaniacs



Houston



Stacey



Paul



DEO



Steve



Michelle



Wendy and Gunhild

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

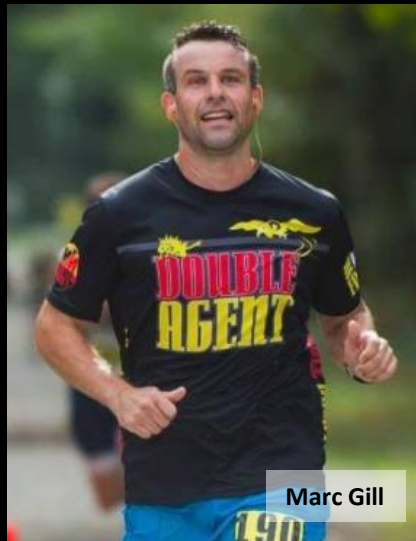
For more information visit the Maniacs web site.



Candy and Steven Ferry



Mihaela Mann



Marc Gill



Mikala



Sue and James



Donald



Sean



Scott



Julia and Jody



Sarah England runs her 100th Marathon!



Theresa and Carol

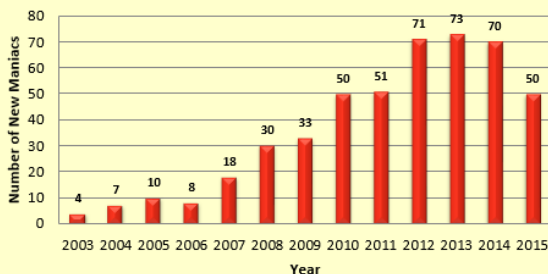
REPORT FROM THE INSANE ASYLUM

The following is a statistical update on the growth of the Marathon Maniacs. It may not mean much to you, but I find it very interesting.

Monthly Growth

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Yearly
Averages	84.3	61.9	75.1	63.2	100.3	75.8	47.8	28.5	35.4	101.3	118.8	109.1	765.6
Record	225	177	189	138	249	175	101	56	73	257	334	241	2,110
2014	225	177	189	137	249	175	81	52	70	257	257	241	2,110
2015	214	129	180	141	178	124	54	45	50	-	-	-	1,115

New Maniacs for September

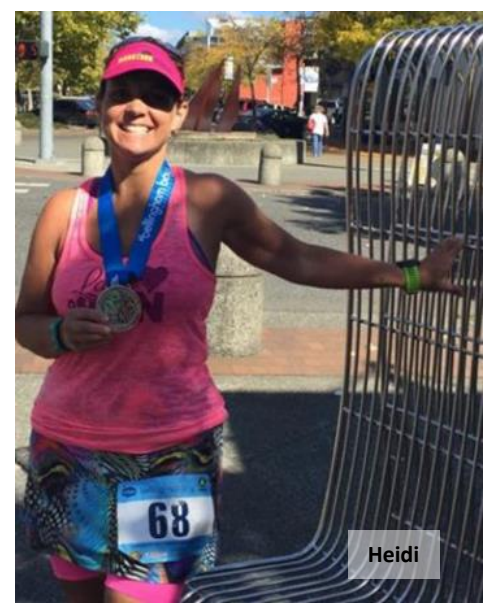


New Maniacs in September 2015	50
New Maniacs in 2015	1,115
Total Maniacs	11,647

State	MM	Pct%
Washington	1259	10.81%
California	851	7.31%
Texas	791	6.79%
Florida	438	3.76%
Illinois	418	3.59%
New York	374	3.21%
Oklahoma	355	3.05%
Virginia	311	2.67%
Georgia	273	2.34%
Ohio	248	2.13%

Most Popular Country by Continent:

- North America - United States (9163)
- Europe - United Kingdom (67)
- South America - Brazil (66)
- Asia - Malaysia (37)
- Oceania - Australia (20)
- Africa - Egypt (2)



Heidi



Dan



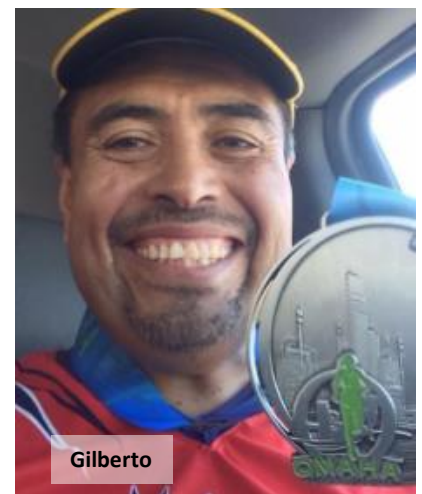
Matt Wood



Houston



Patti and Roger



Gilberto



Heather

Noteworthy Accomplishments and Promotions!

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

- **Titanium (10 star) Maniac:** Clint Burleson, Stefan Hornke, Trisha Klein, Ken Locke, Kate Stoker, Mark Parrotte, Amanda Locke, Tim Mahler, Chuck Harvey, Alex Portwine, Paul Spooner, Curtis Chong, Bill Odendahl, Terance Lee, Don Baker, Gary Brampton
- **Platinum (8 star) Maniac:** Mark Zarembo, Tim Mullican
- **Palladium (7 star) Maniac:** None
- **Osmium (6 star) Maniac:** Tracy Abrom
- **Ruthenium (5 star) Maniac:** Shannon P, Ed Childress, David Haring
- **Iridium (4 star) Maniac:** Nadia Guimont , Sharon Evans, Nicky Piquero
- **Gold (3 star) Maniac:** None
- **Silver (2 star) Maniac:** Sally Hulbert
- **100 Marathons:** Sarah Englund, Paul Spooner

New Titanium Maniacs!!



Clint Burleson



Stefan Hornke



Trisha Klein



Ken Locke



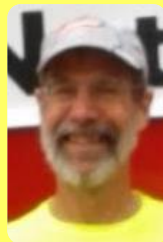
Kate Stoker



Mark Parrotte



Amanda Locke



Tim Mahler



Chuck Harvey



Alex Portwine



Paul Spooner



Curtis Chong



Bill Odendahl



Terance Lee



Don Baker



Gary Brampton

Upcoming Races!

Marathon/Ultra Calendar between October 31-November 29

Saturday, October 31, 2015

(un)Pleasant Hill Trail Marathon (KY)
 Aravaipa Jalloween Javelina Jundred 100m/100k (AZ)
 Big Cedar Endurance Run 50m/50k (TX)
 Carkeek 12h/6h (WA)
 Chicago Lakefront 50m/50k (IL)
 CTR Zombie Runner Halloween Run (CA)
 Mainly Marathons Day of the Dead (Seven Day Series) (NM)
 Midnight Maniac 13h (VA)
 Mission Mt Somers Marathon (NZL)
 Rautavedenmaraton (FIN)
 Run With Scissors 52.4m/26.2 (OH)
 Save the Daylight 24h/12h/6h (FL)
 Silver Comet Marathon (GA)
 Spinx Marathon (SC)

Sunday, November 1, 2015

Asia Xtreme Ranauthlon (MYS)
 Auckland Marathon (NZL)
 Bass Pro Conservation Marathon (MO)
 bg26.2 (Bowling Green Marathon) (KY)
 Black Goose Marathon (MA)
 Boundary Bay Marathon (BC)
 Great Barrier Reef Marathon (AUS)
 Hamilton Marathon Road2Hope (ON)
 Hixon 50 (WI)
 Manchester City Marathon (NH)
 Marshall University Marathon (WV)
 Milwaukee Running Festival Marathon (WI)
 New York City Marathon (NY)
 Newcastle Town Moor Marathon (GBR)
 NYC in AZ (AZ)
 Rails to Trails Marathon (WI)
 Raleigh City of Oaks Marathon (NC)
 Two Cities Marathon (CA)

Friday, November 6, 2015

tBunk Endurance Challenge 200m/150m (WI)

Saturday, November 7, 2015

Anglers Ridge 50k/26.2 (VA)
 Croatan 24h (NC)
 Daytona 100m/50m (FL)
 Fall Back Blast (WI)
 HITS Lake Havasu Triathlon (AZ)
 In Unity We Run (WA)
 Indianapolis Monumental Marathon (IN)
 Ironman Florida (FL)
 Midsouth Championship Marathon (AR)
 Moab Trail Marathon (UT)
 Nashville Ultra 50m/70k/60k/50k (TN)
 NJ Trail Series One Day (many options) (NJ)
 Pinhoti 100 (AL)
 REVEL Canyon City Marathon (CA)
 Ricky Lightfoot Spitfire Challenge (MYS)
 Rim Rock Marathon (CO)
 Rio Del Lago (CA)
 Rock N Roll Savannah (GA)
 Santa Barbara Veterans Day Marathon (CA)
 Seven Springs Marathon on the Mountain (PA)
 Silver Falls 50k/26.2 (OR)
 Soldier Marathon (GA)

Stone Cat 50m/26.2 (MA)

tBunk Endurance Challenge 100m/50m (WI)

Sunday, November 8, 2015

Altis C&O Canal Towpath Marathon (DC)
 Athens Marathon (GRC)
 Beirut Marathon (LBN)
 Fort Myers Marathon (FL)
 Fort Worth Marathon (TX)
 Gobbler Grind (KS)
 Harrisburg Marathon (PA)
 Inland Trail Marathon (OH)
 Madison Marathon (WI)
 Naperville Marathon (IL)
 Nuang Jungle Marathon (MYS)
 OBX Marathon (NC)
 Peachtree City 50k (GA)
 Pensacola Marathon (FL)
 Rhode Island 6 Hour Ultramarathon (RI)
 Santa Clarita Marathon (CA)
 tBunk Endurance Challenge 50k (WI)
 Veterans Marathon (Pennsylvania) (PA)

Wednesday, November 11, 2015

Altis Cross Country Trail Marathon (VA)

Thursday, November 12, 2015

Cassino Ultra Race 230k (BRA)

Saturday, November 14, 2015

Antelope Island Fall Classic 50k (UT)
 Aravaipa Pass Mountain (AZ)
 Beat the Blerch Sacramento (CA)
 Bona Dea 50k (AR)
 Chickamauga Battlefield Marathon (GA)
 Colossal Vail 50m/50k (AZ)
 Evergreen Grand Ridge 50k/26.2 (WA)
 First Call Veterans Day 50k/26.2 (WA)
 Franklin Mountains Trail Run (TX)
 Kill Bill's Oyster Dome Challenge (WA)
 Marshall Mangler (PA)
 Nashville Marathon (TN)
 Norris Dam Hard Trail Race 50m/50k (TN)
 NYRR NYC 60k (NY)
 Old Glory 50m/50k (NC)
 Richmond Marathon (VA)
 Rosaryville Veterans Day 50k (MD)
 San Joaquin River Trail 100k/50k (CA)
 South Padre Marathon (TX)
 Stone Mill 50 Mile Endurance Run (MD)
 Tarawera Trail Marathon and 50k (NZL)
 Thunder Road Marathon (NC)
 Tortoise and The Hare (GA)
 Tunnel Hill 100m/50m (IL)
 Veterans Marathon (Indiana) (IN)

Sunday, November 15, 2015

Bangkok Marathon (THA)
 Brooklyn Marathon (NY)
 Bucks County Marathon (PA)
 Dirty South Marathon of Northeast Louisiana (LA)
 Havana Marathon (CUB)
 Ironman Arizona (AZ)

Istanbul Marathon (TUR)

Pilgrim Pacer Run (KS)
 Potomac River Run (MD)
 Rock N Roll Las Vegas (NV)
 Spice Coast Marathon (IND)
 Surfers Point Marathon (CA)

Thursday, November 19, 2015

Ultracentric 72h (TX)

Friday, November 20, 2015

Ultracentric 48h (TX)

Saturday, November 21, 2015

Catalina Island Eco Marathon (CA)
 Chosen Marathon New Braunfels (TX)
 Crooked Road 24h (VA)
 Desert Dash - Trails of Glory Marathon (NV)
 JFK 50 Mile (MD)
 Magnolia Marathon (MS)
 Queenstown International Marathon (NZL)
 Tejas Trails Wild Hare 50m/50k (TX)
 Ultracentric 24h/12h/6h (TX)
 White River Marathon (AR)

Sunday, November 22, 2015

Harpeth Hills Flying Monkey Marathon X (TN)
 Penang Bridge International Marathon (MYS)
 Philadelphia Marathon (PA)
 Route 66 Marathon (OK)
 Sun Moon Lake Marathon (TWN)

Thursday, November 26, 2015

Texas Quad Day One - The Walk (TX)
 Wattle Waddle (WA)

Friday, November 27, 2015

Black Diamond 40m (TN)
 Grandpa's Wishbone Run (WA)
 Saline County Striders Sunset 24h (AR)
 Texas Quad Day Two - The Waddle (TX)

Saturday, November 28, 2015

Calico Deja Vu 12h/6h/26.2 (NV)
 Double Black Diamond 40m (TN)
 Ghost of Seattle 50k/26.2 (WA)
 Mississippi Coast Marathon (MS)
 NCR Trail Marathon (MD)
 Quad Dipsea (CA)
 Saline County Striders 12h/6h (AR)
 Texas Quad Day Three - The Tortoise (TX)

Sunday, November 29, 2015

Curacao Marathon (CUW)
 Ironman Cozumel (MEX)
 Phoenix Rising Marathon (AZ)
 Seattle Marathon (WA)
 Sequoyah, The (TN)
 Space Coast Marathon (FL)
 Texas Quad Day Four - Charlie's Snake Wrangling Marathon (TX)



New Maniacs in September 2015

Raven Lawson (#11598)
 Christie Ireland (#11599)
 Shelly Cook (#11600)
 Kristyn King (#11601)
 MaryAnne Donato (#11602)
 Oliver Reyno (#11603)
 Gary Brampton (#11604)
 Lauren Haley (#11605)
 Rick Hobbs (#11606)
 Paul Tubbs (#11607)
 Alicia Marshall (#11608)
 Earl Marshall (#11609)
 Carol A Benight (#11610)
 Kimberly McNabb (#11611)

James Walker (#11612)
 John Richards (#11613)
 Chiquita Hillard (#11614)
 Peter Smith (#11615)
 Jerico Padallan (#11616)
 Karen Knudsen (#11617)
 Sami Marcu (#11618)
 Tyrone Sampson (#11619)
 Kat Miller (#11620)
 Jools Smith (#11621)
 Erik Riccardi (#11622)
 cesar vasquez (#11623)
 Brandy Simis (#11624)
 Haley Singler (#11625)
 Kristomus Adisurya (#11626)
 Stacy Clark (#11627)
 Fred Lowney (#11628)
 Fred Smotherman (#11629)
 Wilma Putt (#11630)

Steve Carlson (#11631)
 Andy Chen (#11632)
 Suzanne Sharpe (#11633)
 MJ Bate (#11634)
 Carol Schilling (#11635)
 Thorin Geist (#11636)
 wendy cicek (#11637)
 Chris Dial (#11638)
 Carolyn Masek (#11639)
 Shelby Copenhaver (#11640)
 Charles Weglarski (#11641)
 Gary Carson (#11642)
 Tim Kelley (#11643)
 Tracy Voorthuyzen (#11644)
 Laurie Villarreal (#11645)
 Gary Loy (#11646)
 Pamela Stefanek (#11647)





Scot Barco



Stephanie



Jody



Chuck Engle



Kerri



Steve Walters and Heather Zeigler

FROM THE EDITOR...

In September we had an amazing number Maniacs reaching Titanium. 16 members reached the highest level! It seems that has become a goal that many have strived to reach. I congratulate all of them. October will be another busy month with big races in Portland, Minneapolis, Victoria, Baltimore, Chicago, Washington DC among many others.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



New discounts have a ** in front of the race name and don't forget about the Maniac discounts at Running Skirts www.runningskirts.com and The Running Warehouse www.runningwarehouse.com for all your non-Maniac branded apparel and shoe needs.

- Revel Canyon City (CA) 11/7/15: www.runrevel.com/rcc
- C&O Canal Towpath Marathon (DC) 11/8/15: <https://altisendurance.com>
- Gobbler Grind Marathon (KS) 11/8/15: <http://gobblergrindmarathon.com>
- Cross Country Trail Marathon (MD) 11/11/15: <https://altisendurance.com>
- Surfers Point Marathon (CA) 11/15/15: www.surferspointmarathon.com
- Magnolia Marathon (MS) 11/21/15: www.magnoliamarathon.com
- **White River Marathon (AR) 11/21/15: www.whiterivermarathon.com
- Phoenix Rising Marathon (AZ) 11/29/15: www.phxrunning.com
- Space Coast Marathon (FL) 11/29/15: www.spacecoastmarathon.com
- **BCS Marathon (TX) 12/13/15: <http://bcsmarathon.com/>
- Best Damn Race Cape Corral (FL) 12/13/15: <http://bestdamnrace.com>
- First Day of Winter Marathon & 50K (OH) 12/20/15: <https://ultrasignup.com/register.aspx?did=31397>
- HITS Austin Marathon 12/20/15: www.hitsrunning.com/austin-tx
- Camarillo Marathon (CA) 1/3/16: www.camarillomarathon.com
- Mississippi Blues Marathon 1/9/16: www.msbluesmarathon.com
- First Light Marathon (AL) 1/10/16: www.firstlightmarathon.com
- Louisiana Marathon 1/17/16: www.thelouisianamarathon.com
- Miami Marathon 1/24/16: www.themiamimarathon.com
- Miracle Match Marathon (TX) 1/31/16: <http://miraclematchmarathon.org>
- Town of Celebration Marathon (FL) 1/31/16: www.celebrationmarathon.com
- Florida Marathon 2/7/16: <http://thefloridamarathon.com>
- Surf City Marathon 2/7/16: www.runsurfcity.com
- Mississippi River Marathon (AR & MS) 2/13/16: www.msrivermarathon.com
- Cowtown Marathon (TX) 2/28/16: www.cowtownmarathon.org
- New Mexico State Park Series 3/5-3/6/16: <http://mainlymarathons.com>
- Chattanooga Marathon 3/6/16: www.chattanoogamarathon.com
- **Asheville Marathon (NC) 3/13/16: <http://ashevillamarathon.com/>
- Zydeco Marathon (LA) 3/13/16: <http://zydecomarathon.com>
- Raccoon Mountain Marathon (TN) 3/19/16: <http://runchattanooga.org/rmm/>
- Wrightsville Beach Marathon (NC) 3/20/16: www.wrightsvillebeachmarathon.com
- Dust Bowl Series 3/23-3/27/16: <http://mainlymarathons.com>
- Tomoka Marathon (FL) 3/26/16: www.tomokamarathon.com
- Knoxville Marathon (TN) 4/3/16: www.knoxvillemarathon.com
- Blooms to Brews Marathon (WA) 4/10/16: <http://bloomstobrews.getboldevents.com/>
- Riverboat Series 4/17-4/23/16: <http://mainlymarathons.com>
- Coastal Delaware Running Festival 4/24/16: www.codelrun.com
- Eugene Marathon 5/1/16: <http://eugenemarathon.com>
- **New Jersey Marathon 5/1/16: www.thenewjerseymarathon.com
- Tacoma City Marathon 5/1/16: www.tacomacitymarathon.com
- **Shipyard Maine Coast Marathon 5/15/16: <http://mainecoast262.com>
- Fargo Marathon 5/21/16: www.fargomarathon.com
- **Utah Valley Marathon 6/11/16: www.utahvalleymarathon.com
- **Humboldt Bay Marathon (CA) 8/14/16: <http://humboldtbyamarathon.com/>

Details on how to obtain the discount/perk are in the Discount section of the Bulletin Board on the Maniac web site. I post new ones on the Bulletin Board as the details are finalized, so keep an eye out. If you have any questions, shoot me an email at: jeff@marathonmaniacs.com



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Hiya Prez!!!

The beginning of Super Season!!! Baseball moving towards the playoffs...College football! Man I love college football! And the pros, what with Peyton Manning and the Broncos and the NY Football Giants and the Packers exemplary play!!!...and then there's rumor that the sun might come out now and again even in the Pacific Northwest, yet it won't be too hot, so we can all go run a dozen or so Marathons!!!

Well, some of you. I still marvel at the goofy aw-shucks attitude you people have measuring marathons by the medals and shirts and not by the d-i-s-t-a-n-c-e. See, that's the part I notice the most.

You know what else I notice lately? How much I really enjoy the day before the marathons. In the hills of Pennsylvania, the autumn leaves remind me of color wheels and bowls of Trix cereal and the array of colors at the Benjamin Moore paint stores, and then I realize that, no, Mother Nature makes all those man-made contrivances look absolutely pitiful in comparison. The millions by kajillions of subtle colors, views and panoramas catch me up short in quiet amazement. Then there have been the wonderfully adventurous days touring great cities like New York, Washington D.C., Boston and San Francisco, and the smaller cities like Miami, Cleveland, Detroit and Charlotte that still hold fascinating museums and avenues and such. Or the out-of-the-way locales that open up state parks or great National Parks for the day-before side visits. Remember that hike in Valley Forge? Would you and I have been there without marathons? Nope! This marathoning hobby you got me into, Yee, has made for some real National Geographic-like memories in my brain's bank.

And then there's the excitement of wondering how I'll do tomorrow, and whether the training worked. Or then there are the other occasions where there's more of a curiosity, concerning whether or not this K-T tape and the compression shorts and the ankle braces will all come together to hold the body in place to make it to the finish line. Either way, such excitement, eh?

But bottom line is ... I'll get to brag to the world come Monday.....nonono.....bottom line, Yee, is you people have opened up a world of new connections to new relationships with so many fine, decent, pleasant, content, and giving people, that this marathoning really is, at its best, about the friendships, acquaintances, thoughtfulness and giving we get to experience. From the incredible hospitality to the shared meals to the favors, to the long-distance phone calls, to being able to make fun of Korecki....to learning about fitness, health and nutrition tricks (I'm going back on Paleo again due to the encouragement of a successful Maniac on my side of 40)....to the hugs of a Lenore Dolphin and the never-wavering encouragement of a certain three slender running guys who have never once made me feel second-rate....

This is the Marathon Maniacs. You make it fun to be a part of it all. Thanks, Yee, for all the relationships.

Luvya,
Rev

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