



MARATHON MANIACS

MARCH 2018 NEWSLETTER

Volume 15, Number 3

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Luzviminda



Melinda



April

Signature Race Series 2018

March 18 / Tobacco Road Marathon / Cary, NC

May 19 / Fargo Marathon / Fargo, ND

July 15 / Missoula Marathon / Missoula, MT

September 29 / Akron Marathon / Akron, OH

November 18 / Route 66 Marathon / Tulsa, OK



Have you signed up for these races yet? Don't miss out on participating in the Signature Race Series. Members participating in the races will receive a special club medal! For more info visit our website:

<http://www.marathonmaniacs.com/signature-race-series/>



Amy



George and Ed



Rowland



Eden and Chris



Mike

Mainly Marathons

Here's why you should run with us:

- ☉ Inexpensive and convenient option for all 50 States!
- ☉ Variety of distances: 5K, 10K, 50K, Half, and Full Marathon!
- ☉ Beautiful Bling!
- ☉ Food - over 30 options with fresh cooked food everyday!
- ☉ No time limits!
- ☉ Best running community!
- ☉ Club discounts!
- ☉ Buy One Get One Free for those new to Mainly Marathons!

We RUN this country!



Teal & Carol



Sarah

HALF FANATICS

Marathon Maniacs running half marathons... YES, it's true!

Tired of running marathons and ultras (HA!!)? Need to back down on that weekly mileage and concentrate on getting faster? Then join the Half Fanatics (halffanatics.com). There are currently over 16,000+ members in the Fanatic Asylum, and I'm sure you'll recognize a few names in the group. So jump on the bandwagon now, get your qualifying races in and join this new, zany group!

www.halffanatics.com





Sam



Pat

Check out our YouTube Channel!



Carol



Gabriel

mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

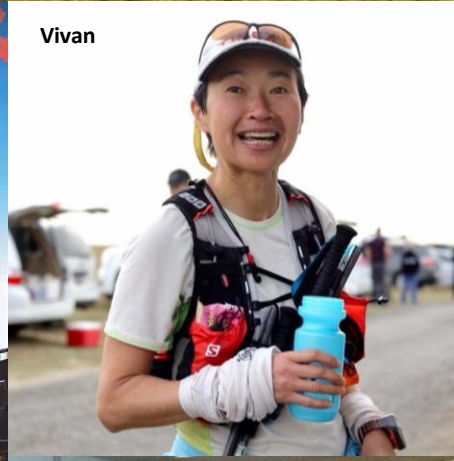
1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>



Connie





Vivan



Pat



Steve



Cade



Eddie



Heather



Kevin



Deb



Michel



Michelle



Connie



Nancy



Follow us!

Marathon Maniacs | @marathonmaniacs | @MainManiacs | Marathon Maniacs



Across all social networks
use the hash tag:
#marathonmaniacs



Carla and Ila



Angie



Nancy



Rosa



Carla



Silverio



Lisa

CALLING ALL ENDURANCE RUNNERS!!



Do You Want to Contribute to Research Studying the Personality and Mindsets of Endurance Runners?

As endurance runners, we all know that we are a “special breed”. But why is that? What is it about our personalities that makes us want to run (and run, and run)? What is it about our mindset that pushes us to keep going when others stop? The current study aims to answer those questions, but we need your help! You can help us by filling out a few surveys. Once you are done, you will be provided with your personality profiles and mindset evaluation. Best of all, you will know that you have contributed to our understanding of endurance runners!



If you are interested, please email Dr. Mauldin at the email address below and we will send you the links to the surveys.

For more information, contact Dr. Kristin Mauldin at kmauldin@calbaptist.edu



*  *

SALE

30% OFF

Shirts & Singlet's

SELECTED SHIRTS & SINGLET'S ARE ON SALE NOW ONLINE FOR \$34.95. GET THEM NOW BEFORE THEY'RE GONE.



Regional Ambassador Program

Connecting local runners together.



We now have chapters throughout the U.S. that are run by our Regional Ambassadors to help connect local runners together. Find one in you area by visiting our website.

Interested in becoming an ambassador? Send an email to info@marathonmaniacs.com

<http://www.marathonmaniacs.com/Regional-Ambassador/>



DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

The Main Maniacs decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



NEW DOUBLE AGENTS IN MARCH:

Clarissa NeSmith (#3181)
 LaVonna Mims (#3182)
 Jessica Wendel (#3183)
 Rosa Soto (#3184)
 Ryan Natalini (#3185)
 Melinda Howard (#3186)
 Teresa Williams (#3187)
 Carrie Stone (#3188)
 Laurence Hall (#3189)
 Deborah Carrington (#3191)
 Barry Carrington (#3192)
 Cam Thick (#3193)

Stormie Wingo (#3194)
 Marsha Marcano (#3195)
 Cheryl Becker (#3196)
 Gina Nelson (#3197)
 Krystal Brown (#3198)
 Carol Magill (#3199)
 David Kirkbridd (#3200)
 Mark Wetz (#3201)
 David Larson (#3202)
 Sara Pilgrim (#3203)
 Katie Dicharry (#3204)
 Lisa Grippe (#3205)

Richard Holguin (#3206)
 Bjoern Hansen (#3207)
 Raciel "Invisible Unicorn" Diaz (#3208)
 Sarah Hendrick (#3209)
 Carol Jackson (#3210)
 Roxana Carr (#3211)
 Stephanie Percival (#3212)
 Lisa Martinez (#3213)
 William Reynolds (#3214)
 Demetria "Dee" Austin (#3215)
 Karen Anderson (#3216)
 John Colvard (#3217)

New Gear!

NEW! Maniac shirts and singlets are available now online! The newly designed shirts feature a new color scheme. Available in both Men's & Women's in short sleeve, long sleeve and singlets.



<http://www.databarevents.com/store/category/1/Marathon-Maniacs>

MARATHON MANIACS CRITERIA

★★★★★ **TITANIUM** ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

★★★★★ **PLATINUM** ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

★★★★★ **PALLADIUM** ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

★★★★ **OSMIUM** ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

★★★★ **RUTHENIUM** ★★★★★

- 26 - 30 Marathons within 365 days.
- 13 Marathons in 13 different US states within 365 days.
- 4 Marathons within 9 days.
- 3 Marathons in 3 days

★★★★ **IRIDIUM** ★★★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

★★★ **GOLD** ★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

★ **SILVER** ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.



Bob

New Maniacs in March 2018

- | | |
|-----------------------------|---------------------------------|
| Robert Wigen (#14413) | Gina Nelson (#14441) |
| Clarissa NeSmith (#14414) | Nicolas Mederle (#14442) |
| LaVonna Mims (#14415) | Krystal Brown (#14443) |
| Frances Boyd (#14416) | Tony Gross (#14444) |
| Jessica Wendel (#14417) | Carol Magill (#14445) |
| Casey Lichenstein (#14418) | David Kirkbridd (#14446) |
| Rosa Soto (#14419) | Norma Gracia (#14447) |
| Ryan Natalini (#14420) | Katie Dicharry (#14448) |
| Melinda Howard (#14421) | Krista Darst (#14449) |
| David Theriot (#14422) | Jessica Schuder (#14450) |
| Agatha Kerr (#14423) | Latashia Williams (#14451) |
| Teresa Williams (#14424) | Marcos Scharnberg Neto (#14452) |
| Carrie Stone (#14425) | Amanda Horrell (#14453) |
| laurence Hall (#14426) | Michael Flartey (#14454) |
| Ana Paula Jardim (#14427) | Forest Morris (#14455) |
| Deborah Carrington (#14428) | Jim Shaver (#14456) |
| Kimberly Knox (#14429) | Sarah Hendrick (#14457) |
| Barry Carrington (#14430) | Carol Jackson (#14458) |
| Jason Cedillo (#14431) | Roxana Carr (#14459) |
| Chad Law (#14432) | Trish Holbel (#14460) |
| Ross Davison (#14433) | Stephanie Percival (#14461) |
| Paul Countess (#14434) | Lisa Martinez (#14462) |
| Jeffry King (#14435) | William Reynolds (#14463) |
| Teresa Moore (#14436) | Stephanie Brown (#14464) |
| Katrin Gorchian (#14437) | Michael Lockman (#14465) |
| Marsha Marcano (#14438) | Demetria "Dee" Austin (#14466) |
| Yan Girardot (#14439) | Paula Fortini (#14467) |
| Cheryl Becker (#14440) | Cecilia Eldridge (#14468) |

Cynthia



NEW TITANIUM MANIACS



Kristina Funseth

UPCOMING RACES!

Marathon/Ultra Calendar between May 1 – June 1

5/1	Aitutaki Marathon	26.2	COK	5/18	New England Challenge (Day 5)	26.2	CT
5/4	Salt Flats 50m / 100m	Ultra	UT	5/19	Helsinki City Marathon	26.2	FIN
5/5	Grand Valley Marathon	26.2	CO	5/19	Fargo Marathon	26.2	ND
5/5	Greenland Trail 50K	50K	CO	5/19	Born To Run Ultra	26.2	CA
5/5	Hotfoot Hamster	Ultra	AZ	5/19	Hawthorn Half Day Ultra	Ultra	IN
5/5	Kings Mountain Marathon	26.2	SC	5/19	Horse Capital Marathon	26.2	KY
5/5	North Face Endurance Challenge (NY)	26.2	NY	5/19	Jemez 50M + 50K	50mi	NM
5/5	Shiprock Marathon	26.2	NM	5/19	Knock On Wood (100M & 50K)	100mi	SC
5/5	Wambaw Swamp Stomp	50mi	SC	5/19	Madeline Island Marathon	26.2	WI
5/5	Wisconsin Marathon	26.2	WI	5/19	Martha's Vineyard Marathon	26.2	MA
5/6	BMO Vancouver Marathon	26.2	CAN	5/19	Massanutten Mountain Trails 100	100mi	VA
5/6	GoodLife Fitness Toronto Marathon	26.2	CAN	5/19	New England Challenge (Day 6)	26.2	RI
5/6	Harmony Geneva Marathon for Unicef	26.2	CHE	5/19	Ogden Marathon	26.2	UT
5/6	Great Limerick Run	26.2	IRL	5/19	Okie Relays/ Ultra	Ultra	TX
5/6	The OC Marathon	26.2	CA	5/19	PCT 50	50mi	CA
5/6	Kalamazoo Marathon	26.2	MI	5/19	San Francisco 50km/50 Mile	50mi	CA
5/6	Avenue of the Giants Marathon	26.2	CA	5/19	Sasquatch 50K	50K	OR
5/6	Colorado Marathon	26.2	CO	5/19	Sri Chinmoy 7 & 13 Hour Ultra	Ultra	WA
5/6	Eau Claire Marathon	26.2	WI	5/19	Sun Mountain 50K	50K	WA
5/6	Flying Pig Marathon	26.2	OH	5/19	The Keys 100	100mi	FL
5/6	Hachie 50 Marathon	26.2	TX	5/20	Beer Lovers' Marathon	26.2	BEL
5/6	Lake Hills 50k Solo & Relay	50K	WA	5/20	Blue Nose Marathon	26.2	CAN
5/6	Lincoln Marathon	26.2	NE	5/20	Marathon SSQ de Longueuil	26.2	CAN
5/6	Long Island Marathon	26.2	NY	5/20	Woody's RV World Marathon	26.2	CAN
5/6	Pittsburgh Marathon	26.2	PA	5/20	Rock'n'Roll Liverpool	26.2	GBR
5/6	Potomac River Run Marathon	26.2	DC	5/20	Ann Arbor Marathon	26.2	MI
5/6	Providence Rhode Race Marathon	26.2	RI	5/20	Capital City Marathon	26.2	WA
5/6	Race of Champions Marathon	26.2	MA	5/20	Cellcom Green Bay Marathon	26.2	WI
5/6	Silo District Marathon	26.2	TX	5/20	Colfax Marathon	26.2	CO
5/6	Wildflower Trail Run	26.2	TX	5/20	Gate City Marathon	26.2	NH
5/6	Willamette Valley Marathon	26.2	OR	5/20	NORAD Trail Race	26.2	CO
5/8	Mainly Marathons Independence (Day 1)	26.2	DE	5/20	Rite Aid Cleveland Marathon	26.2	OH
5/9	Mainly Marathons Independence (Day 2)	26.2	MD	5/20	Shires of Vermont Marathon	26.2	VT
5/10	Mainly Marathons Independence (Day 3)	26.2	PA	5/20	Sugarloaf Marathon	26.2	ME
5/11	Mainly Marathons Independence (Day 4)	26.2	NJ	5/20	Surfer's Path Marathon	26.2	CA
5/12	Canada Goose Ultra	Ultra	CAN	5/20	Windermere Marathon	26.2	WA
5/12	Harriers 2:18 Run Elk/Beaver Ultras	50K	CAN	5/26	Bayshore Marathon	26.2	MI
5/12	Mudcat Marathon	26.2	CAN	5/26	Booneville Backroads Ultra	50K	IA
5/12	ING Night Marathon Luxembourg	26.2	LUX	5/26	Calico Centennial Celebration Mar/50K	26.2	NV
5/12	Brookings Marathon	26.2	SD	5/26	Prince of Wales Island Marathon	26.2	AK
5/12	Darkside 8-Hour Endurance Run	Ultra	GA	5/26	Sweet Southern Discomfort - Georgia	26.2	GA
5/12	Dirty German Endurance Fest	50mi	PA	5/26	The MS (Multiple Sclerosis) Marathon	26.2	TX
5/12	Ice Age Trial 50M/50K	Ultra	WI	5/26	Veterans Memorial 150	Ultra	MI
5/12	Ironman Santa Rosa	26.2	CA	5/27	Bhutan Thunder Dragon Marathon	26.2	BTN
5/12	Journeys Marathon	26.2	WI	5/27	Calgary Marathon	26.2	CAN
5/12	Lake Wobegon Trail Marathon	26.2	MN	5/27	Saskatchewan Marathon	26.2	CAN
5/12	Mainly Marathons Independence (Day 5)	26.2	NY	5/27	Scotiabank Ottawa Marathon	26.2	CAN
5/12	Priest Lake Marathon	26.2	ID	5/27	Marathon de la Baie du Mont Saint-Michel	26.2	FRA
5/12	Quad Rock 50	50mi	CO	5/27	Edinburgh Marathon	26.2	GBR
5/12	Quicksilver	50K	CA	5/27	Buffalo Marathon	26.2	NY
5/12	Rhinebeck Hudson Valley Marathon	26.2	NY	5/27	Coeur D'Alene Marathon	26.2	ID
5/12	Starved Rock Country Marathon	26.2	IL	5/27	Med City Marathon	26.2	MN
5/12	Thunderbunny 50K	50K	OH	5/27	Mountains 2 Beach Marathon	26.2	CA
5/12	Whoos in El Moro 50K	50K	CA	5/27	Pigtails Challenge	Ultra	WA
5/13	Würzburg Marathon	26.2	DEU	5/27	Pinelands trail Fest	50K	ME
5/13	Copenhagen Marathon	26.2	DNK	5/27	Sweet Southern Discomfort - Tennessee	26.2	TN
5/13	Maine Coast Marathon	26.2	ME	5/27	Vermont City Marathon	26.2	VT
5/13	Mainly Marathons Independence (Day 6)	26.2	PA	5/27	Wayne's World Marathon	26.2	TX
5/14	3 days at the fair	26.2	NJ	5/28	Memorial Day Marathon	26.2	TX
5/14	New England Challenge (Day 1)	26.2	ME	5/28	Stumptown Trail runs	50K	OR
5/15	New England Challenge (Day 2)	26.2	NH	5/28	Sweet Southern Discomfort - Alabama	26.2	TN
5/16	New England Challenge (Day 3)	26.2	VT	6/1	San Francisco One Day	100mi	CA
5/17	New England Challenge (Day 4)	26.2	MA	6/1	Yankee Springs Trail Run	26.2	MI
5/18	Martha's Vineyard Marathon	26.2	MA				

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Wisconsin Marathon 5/5/18: www.wisconsinmarathon.com
- Colorado Marathon 5/6/18: <http://comarathon.com/>
- OC Marathon (CA) 5/6/18: www.ocmarathon.com
- Providence Rhode Race Marathon (RI) 5/6/18: <http://runri.us/providence-race-info/>
- Brookings Marathon (SD) 5/12/18: www.brookingsmarathon.com
- Shipyard Maine Coast Marathon 5/13/18: <https://mainecoast262.com/>
- Fargo Marathon (ND) 5/19/18 **MANIAC SIGNATURE RACE #2**: www.fargomarathon.com
- NORAD Marathon (CO) 5/20/18: <https://www.madmooseevents.com/norad-trail-race>
- Vermont City Marathon 5/27/18: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/3/18: www.runwyoming.com
- Deadwood Mickelson Trail Marathon (SD) 6/3/18: www.deadwoodmickelsontrailmarathon.com
- **Vancouver America Marathon (WA) 6/3/18: www.vancouveramericamarathon.com
- Charlevoix Marathon (MI) 6/23/18: <http://charlevoixmarathon.com/>
- Pacific Crest Marathon (OR) 6/23/18: <http://whyracingevents.com/event/989/#loaded>
- Kona Marathon (HI) 6/24/18: www.konamarathon.com
- Angel Fire Adventure Marathon (NM) 7/1/18: <http://rwcadventures.com/cgi-sys/suspendedpage.cgi>
- Missoula Marathon (MT) 7/15/18 **MANIAC SIGNATURE RACE #3**: www.missoulamarathon.org
- Madison Marathon (MT) 7/21/18: www.themadisonmarathon.com
- Big Sky Marathon (MT) 7/22/18: www.themadisonmarathon.com
- Humboldt Bay Marathon (CA) 8/12/18: <http://humboldtbyamarathon.com/>
- Anchorage Run Festival (AK) 8/19/18: www.anchoragerunfest.org
- **Holland Haven Marathon (MI) 9/9/18: <http://hollandhavenmarathon.com/>
- Appletree Marathon (WA) 9/16/18: <http://whyracingevents.com/event/998/#loaded>
- HITS Omaha Marathon (NE) 9/16/18: <http://omahamarathon.com>
- **Cheyenne Marathon (WY) 9/23/18: www.cheyenne.org/race
- Akron Marathon (OH) 9/29/18: **MANIAC SIGNATURE RACE #4**: www.akronmarathon.org
- New Hampshire Marathon 9/29/18: www.nhmarathon.com
- Maine Marathon 9/30/18: <http://mainemarathon.com/>
- Crazy Horse Marathon (SD) 10/7/18: www.RunCrazyHorse.com
- Arkansas Marathon 10/13/18: www.arkansasmarathon.org
- Hartford Marathon (CT) 10/13/18: www.hartfordmarathon.com
- Kansas City Marathon (MO) 10/20/18 (Perks only, no discount): www.sportkc.org/marathon
- Atlantic City Marathon (NJ) 10/21/18: www.acraceseries.com
- Des Moines Marathon (IA) 10/21/18: www.desmoinesmarathon.com
- Day of the Dead Series (NM) 10/25-10/28/18: <https://www.deadrrunning.net/>



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!