



MARATHON MANIACS

MARCH 2017 NEWSLETTER

Volume 14, Number 3

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Robert

Leodis

Amy



Maniac award winners at the Pacific Rim One Day Run!



Signature Race Series

Scheduled 2017 races

- FEB 26 / Cowtown Marathon / TX
- APR 30 / Tacoma City Marathon / WA
- JUL 9 / Mad Marathon / VT
- SEP 24 / Fox Cities Marathon / WI
- DEC 9 / Tuscon Marathon / AZ

****Special club medals given at races!****

(Half marathon option is available at all races. Must be a member to participate in series)



Have you signed up for these races yet? Don't miss out on participating in the Signature Race Series. Members participating in the races will receive a special club medal! For more info visit our website:

<http://www.marathonmaniacs.com/signature-race-series/>



Chris



Karen and Glen



Susan and Joe



Heidi



Mike



Betsy



Robert

HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)?
Need to back down on that weekly mileage
and concentrate on getting faster? Then join
the Half Fanatics (halffanatics.com). There are
currently over 16,000+ members in the
Fanatic Asylum, and I'm sure you'll recognize
a few names in the group. So jump on the
bandwagon now, get your qualifying races in
and join this new, zany group!

www.halffanatics.com





Heather



Claire



Corina



LITTLE ROCK MARATHON

LITTLE ROCK, ARKANSAS



Sheila



Bryndis



Patty



Temeisha



Nathalie



Demetria



Melissa



Susana



Nathalie



Mike



Jill



Kristy



Christy



mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>





Pre-Race Group Photo icon added to Race Calendar!

Races with a organized pre-race group photo will show the icon next to the race. If you are running a race and want to organize the pre-race group photo, please email info@marathonmaniacs.com a picture of the area and a brief description of location and time.

Example:





Eddie



Chris



Rick



Van



Benjamin



Regional Ambassador Program

Connecting local runners together.



We now have chapters throughout the U.S. that are run by our Regional Ambassadors to help connect local runners together. Find one in your area by visiting our website.

Interested in becoming an ambassador? Send an email to info@marathonmaniacs.com

<http://www.marathonmaniacs.com/Regional-Ambassador/>



Chris Bouchard
MM#8427
Dallas / Fort Worth, TX





Chris



Corina



**Women's
Classic**
Tee & Singlet

New Maniac Gear Item!

Maniac Classic Yellow Singlet/Tee with Marathon Maniac logo on front/ back and a smaller Main Maniac on the back.

<http://www.databarevents.com/store/category/1/Marathon-Maniacs>



**Men's
Classic**
Tee & Singlet



Todd



Charlotte completed her 100th marathon!



Monte



Randy



@quadracool
tag us on Instagram @marathonmaniacs
and was chosen as this month's prize winner!

Follow us!

Marathon Maniacs | @marathonmaniacs | @MainManiacs



IF YOU #marathonmaniacs WITH A
PHOTO OF YOU AND YOUR FAVORITE
MANIAC GEAR ON INSTAGRAM THEN
YOU MAY WIN A PRIZE!

Across all social networks
use the hash tag:

#marathonmaniacs



Maricris



April



LOS ANGELES MARATHON

LOS ANGELES, CALIFORNIA



Christine



Howie



Dona and Jill



Eddie



Patricia and Robert



Emil



Sarah

DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



NEW DOUBLE AGENTS IN MARCH:

- Susan Beckwith (#2834)
- Sameer Khurana (#2835)
- Gary Otheim (#2836)
- Edwin Pampo (#2837)
- Monstrous Mad Mike (#2838)
- Carolyn Veliz (#2839)
- Cedrick Thomas (#2840)
- Cindy Neldner (#2841)
- Sharon Ellis (#2842)
- Angela McKnight (#2843)
- Michelle Wikstrom (#2844)
- Dwayne Daugaard (#2845)
- Michelle Jordan (#2846)
- Nana Serwa Wiafe (#2847)
- Jennifer Tustin (#2848)
- Valeri Reeder (#2849)
- Michael Roberts (#2850)
- Miles Lacy (#2851)
- Manfred Galatowitsch (#2852)

- Jim Mercer (#2853)
- Jadin Van Steevhort (#2855)
- Carrie Walling (#2856)
- Elaine Kung (#2857)
- Linda Revoir (#2858)
- Vicki Stout (#2859)
- Dave Crain (#2860)
- Angie Winstead (#2861)
- Ade Olumide (#2862)
- Meghan O'Gorman (#2863)
- John Nwosu (#2864)
- Rachel Lowell (#2865)
- shelia wilson (#2866)
- Claudine (#2867)
- Ali Levering (#2869)
- Mimi Tran (#2870)
- Ivo Pavlov (#2871)
- Robin Brown (#2872)
- Luzviminda Villamil (#2873)

- Lori Modowski (#2874)
- Zoe Mitchell (#2875)
- Eileen Marks (#2876)
- Carolyn Gregory (#2877)
- jacque Gregory (#2878)
- Tara Brown (#2879)
- Davide Bruzzone (#2880)
- Katie Mercadante (#2881)
- Audey Ortiz (#2882)
- Daviada Harris (#2883)
- Colette Callender (#2884)
- Ashley McDermott (#2885)
- Shani Patterson (#2886)
- LuAnn Reding (#2887)
- CaTrina Chappell (#2888)
- Janet Villamar (#2889)
- Bradley Barrett (#2890)
- Lea Reyes (#2891)
- Amanda Davis (#2892)

MARATHON MANIACS CRITERIA

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

★★★★ RUTHENIUM ★★★★★

- 26 - 30 Marathons within 365 days.
- 13 Marathons in 13 different US states within 365 days.
- 4 Marathons within 9 days.
- 3 Marathons in 3 days

★★★ IRIDIUM ★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

★★★ GOLD ★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

★ SILVER ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>

DO YOU HAVE
WHAT IT TAKES
TO BE A MARATHON MANIAC?



Monte



Robert



NEW TITANIUM MANIACS



Edward Ganley



Max Grimsley



Upcoming Races!

Marathon/Ultra Calendar between May 6 – May 27

5/6	Greenland Trail 50K	50K	CO	5/15	New England Challenge (Day 1)	26.2	ME
5/6	Whiskey Row Marathon	26.2	AZ	5/15	Mainly Marathons New England (Day 2)	26.2	NH
5/6	Miwok 100k	100K	CA	5/16	New England Challenge (Day 2)	26.2	ME
5/6	Armstrong Redwoods	50K	CA	5/16	Mainly Marathons New England (Day 3)	26.2	VT
5/6	Grand Valley Marathon	26.2	CO	5/17	Mainly Marathons New England (Day 4)	26.2	MA
5/6	Farm Park Challenge	Ultra	MD	5/17	Red Island	26.2	RI
5/6	New River Marathon	26.2	NC	5/18	Nutmeg State	26.2	CT
5/6	Rock the Ridge 50	50mi	NY	5/18	3 days at the fair	26.2	NJ
5/6	Smith Rock Ascent 50K	50K	OR	5/18	Mainly Marathons New England (Day 5)	26.2	RI
5/6	Rotorua Marathon	26.2	OTH	5/19	Mainly Marathons New England (Day 6)	26.2	CT
5/6	Hachie 50	26.2	TX	5/19	Old Colony	26.2	MA
5/6	Wildflower 50k	50K	TX	5/20	CTR San Francisco 50/50 Endurance Run	50mi	CA
5/6	Sunflower Trail Marathon	26.2	WA	5/20	Keys 100	100mi	FL
5/6	Wisconsin Marathon	26.2	WI	5/20	Cruel Jewel 100/50 Miler	100mi	GA
5/7	Borneo International Marathon	26.2		5/20	Famous Potato Idaho Marathon	26.2	ID
5/7	BMO Vancouver Marathon	26.2	BC	5/20	Hawthorn Half Day Ultra	Ultra	IN
5/7	OC Marathon	26.2	CA	5/20	Horse Capital Marathon	26.2	KY
5/7	Avenue of the Giants	26.2	CA	5/20	Superior Spring Trail Race	50K	MN
5/7	Colorado Marathon	26.2	CO	5/20	Joplin Memorial Marathon	26.2	MO
5/7	Cimarron Endurance Run	50K	CO	5/20	Fargo Marathon	26.2	ND
5/7	Kalamazoo Marathon	26.2	MI	5/20	Mainly Marathons New England (Day 7)	26.2	NY
5/7	Lincoln Marathon	26.2	NE	5/20	Sehguhunda Trail Marathon	26.2	NY
5/7	Long Island Marathon	26.2	NY	5/20	Sasquatch 50K	50K	OR
5/7	Flying Pig Marathon	26.2	OH	5/20	Beach to Bay	26.2	TX
5/7	Mississauga Marathon	26.2	ON	5/20	Ogden Marathon	26.2	UT
5/7	Goodlife Toronto Marathon	26.2	ON	5/20	Timp Trail Marathon	26.2	UT
5/7	Eugene Marathon	26.2	OR	5/20	Maple Leaf Marathon	26.2	VT
5/7	Volkswagon Prague Marathon	26.2	OTH	5/20	Sri Chinmoy 7 and 13 Hour Run	Ultra	WA
5/7	Pittsburgh Marathon	26.2	PA	5/20	Sun Mountain 50k / 100k	Ultra	WA
5/7	Providence Rhode Race Marathon	26.2	RI	5/20	Madeline Island Marathon	26.2	WI
5/7	Gutenberg Marathon Mainz	26.2	RP	5/21	Standard Chartered Kuala Lumpur Mar	26.2	
5/7	Wildflower Marathon	26.2	TX	5/21	Telenor Copenhagen Marathon	26.2	
5/7	Eau Claire Marathon	26.2	WI	5/21	Woody's RV World Marathon	26.2	AB
5/7	Shakespeare Marathon	26.2	WMD	5/21	Ohlone 50k	50K	CA
5/8	La Route du Louvre	26.2		5/21	Surfer's Path Marathon	26.2	CA
5/13	Marathon des Vins de blaye	26.2		5/21	NORAD Trail Race	26.2	CO
5/13	Cindarella Trail Run	26.2	CA	5/21	Colfax Marathon	26.2	CO
5/13	Gold Rush 50k	50K	CA	5/21	Rockford Marathon	26.2	IL
5/13	PCT 50	50mi	CA	5/21	Chicagoland Spring Marathon	26.2	IL
5/13	Quad Rock 50 miler	50mi	CO	5/21	Kigali International Peace Marathon	26.2	L
5/13	Priest Lake Marathon	26.2	ID	5/21	Martha's Vineyard Marathon	26.2	MA
5/13	Dances With Dirt - Gnaw Bone	26.2	IN	5/21	Sugarloaf Marathon	26.2	ME
5/13	Spruce Woods Ultra	Ultra	MB	5/21	Gate City Marathon	26.2	NH
5/13	Addison Oaks Trail Challenge - Day #1	26.2	MI	5/21	Bluenose Marathon	26.2	NS
5/13	Lake Wobegon Trail Marathon	26.2	MN	5/21	Rite Aid Cleveland Marathon	26.2	OH
5/13	Cactus to Cloud 50k	50K	NM	5/21	Willamette Valley Marathon	26.2	OR
5/13	Shiprock Marathon	26.2	NM	5/21	Pocono Mtn Run for the Red Marathon	26.2	PA
5/13	North Face Endurance Challenge - NY	50K	NY	5/21	Shires of Vermont Marathon	26.2	VT
5/13	Rhinebeck Hudson Valley Marathon	26.2	NY	5/21	Windermere Marathon	26.2	WA
5/13	Mind The Ducks 12 Hour	Ultra	NY	5/21	Capital City Marathon	26.2	WA
5/13	Whole Health Mudcat Marathon	26.2	ON	5/21	Cellcom Green Bay Marathon	26.2	WI
5/13	Pacific Northwest Marathon	26.2	OR	5/21	Leiden Holland Marathon	26.2	ZH
5/13	Glacier Ridge Trail	50mi	PA	5/27	Ultra Adv Grand Canyon 50m/50k	50K	AZ
5/13	Dirty German End Fest - 25k, 50k & 50M	50K	PA	5/27	Nanny Goat 12/24/100	Ultra	CA
5/13	Knock On Wood	100mi	SC	5/27	Booneville Backroads Ultra	50K	IA
5/13	Brookings Marathon	26.2	SD	5/27	Road to Carthage Marathon	26.2	IL
5/13	Ultra Race of Champions 100km/ 50km	100K	VA	5/27	Bayshore Marathon	26.2	MI
5/13	Lost Lake	50K	WA	5/27	Community Marathon	26.2	MI
5/13	Ice Age Trail 50	50mi	WI	5/27	ING Night Marathon Luxembourg	26.2	OTH
5/14	Delaware Marathon	26.2	DE	5/27	The MS (Multiple Sclerosis) Marathon	26.2	TX
5/14	Shipyard Maine Coast Marathon	26.2	ME	5/27	Soaring Eagle Trail Runs	26.2	WA
5/14	Mainly Marathons New England (Day 1)	26.2	ME	5/27	GUCR	Ultra	WMD
5/14	Addison Oaks Trail Challenge - Day #2	26.2	MI				
5/14	Fredericton Marathon	26.2	NB				

New Maniacs in March 2017

Susan Beckwith (#13641)
Sameer Khurana (#13642)
OSAMU TANAKA (#13643)
Edwin Pampo (#13644)
Darrel Wells (#13645)
Amanda Davis (#13646)
Laura Welch (#13647)
Brandon Cumby (#13648)
Laura Allen (#13649)
Judson Boisvert (#13650)
Chris George (#13651)
Lindsey Hausmann (#13652)
Carolyn Veliz (#13653)
Cedrick Thomas (#13654)
Julie Williams (#13655)
Wendy STEWART (#13656)
Sharon Ellis (#13657)
Angela McKnight (#13658)
Michelle Wikstrom (#13659)
Sarah Bradley (#13660)
Dwayne Daugaard (#13661)
Joseph Berry (#13662)
Michelle Jordan (#13663)
Natosha Crisco (#13664)
Brandon Fry (#13665)
Frank Murphy (#13666)
Nana Serwa Wiafe (#13667)
Elaine Burt (#13668)
Jennifer Tustin (#13669)
Valeri Reeder (#13670)
Peter Cimino (#13671)
john lee (#13672)
Travis Shirley (#13673)

Manfred Galatowitsch (#13674)
Renee Andres (#13675)
Christina Brown (#13676) (#13676)
mario cabanero (#13677)
Kelsey Pape (#13678)
Scott Godeaux (#13679)
Damon Newman (#13680)
Heidi Baker (#13681)
Kelly MCGovern (#13682)
Chasidy Willhelm (#13683)
Paul Ohlemacher (#13684)
Carrie Walling (#13685)
Elaine Kung (#13686)
Lawrence Shum (#13687)
Mark Brown (#13688)
Jami Youngmann (#13689)
Tibby Xu (#13690)
Debra Robenhymmer (#13691)
Michael Groner (#13692)
Dave Crain (#13693)
Hannah Beasley (#13694)
Angie Winstead (#13695)
Ade Olumide (#13696)
Meghan O'Gorman (#13697)
Jered Haynor (#13698)
MileSlayer (#13699)
John Nwosu (#13700)
Joseph Matarese (#13701)
shelia wilson (#13702)
Claudine (#13703)
Robin Brown (#13704)
TEE LEWIS (#13705)
Ali Levering (#13706)

Mimi Tran (#13707)
Zoraida Rodriguez-keeton (#13708)
Luzviminda Villamil (#13709)
Lori Modowski (#13710)
Zoe Mitchell (#13711)
Billy Richards (#13712)
Tara Brown (#13713)
Dewayne Scott (#13714)
Rey Letada (#13715)
Carolyn Gregory (#13716)
jacque Gregory (#13717)
Tv Wells (#13718)
Mark Monroe (#13719)
Regina Barnett (#13720)
Claire Kinzel (#13721)
Katie Mercadante (#13722)
Audey Ortiz (#13723)
Daviada Harris (#13724)
Colette Callender (#13725)
Marissa Williamson (#13726)
Dan Smith (#13727)
Shani Patterson (#13728)
Craig Evans (#13729)
CaTrina Chappell (#13730)
Lea Reyes (#13731)
Brian Moriarty (#13732)
Mindy Soranno (#13733)
Janet Villamar (#13734)
Bradley Barrett (#13735)
Nancy Herlocher (#13736)
Lori Talley (#13737)
Nellie Martin (#13738)



Valeri



John



Ade



Nancy



Jered



Ronita



Elena



Mike



Charlotte



Mike



Chris



Tracy



Melissa



Steve Walters and Janice Northrup

FROM THE EDITOR...

March was kicked off with the Little Rock Marathon. Runners earned an extra large medal. The month was followed up with popular marathons in Los Angeles and Bataan. Much fun was had in March. Many more are to follow in April and May as the spring marathon season continues.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Wisconsin Marathon 5/6/17: www.wisconsinmarathon.com
- Colorado Marathon 5/7/17: www.thecoloradomarathon.com
- Eugene Marathon 5/7/16: <http://eugenemarathon.com>
- Providence Rhode Race Marathon (RI) 5/7/17: <http://runri.us/providence-race-info/>
- Brookings Marathon (SD) 5/13/17: www.brookingsmarathon.com
- Shiprock Marathon (NM) 5/13/17: www.shiprockmarathon.com
- Shipyard Maine Coast Marathon (ME) 5/14/17: <https://mainecoast262.com/>
- Coeur d'Alene Marathon (ID) 5/28/17: www.cdamarathon.com
- Vermont City Marathon 5/28/17: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/4/17: www.runwyoming.com
- Deadwood Mickelson Trail Marathon 6/4/17 (SD): www.deadwoodmickelsontrailmarathon.com
- Pacific Crest Marathon 6/24/17 (OR): <http://whyraceevents.com/event/927/#event-home>
- Angel Fire Adventure Marathon (NM) 7/2/17: <http://rwcadventures.com/cgi-sys/suspendedpage.cgi>
- Madison Marathon (MT) 7/22/17: www.themadisonmarathon.com
- Big Sky Marathon (MT) 7/23/17: www.themadisonmarathon.com
- Anchorage RunFest (AK) 8/20/17: www.anchoragerunfest.org
- I Run For.... Marathon (NY) 9/10/17: www.irunforhalfmarathon.com
- Lehigh Valley Marathon (PA) 9/10/17: www.viamarathon.org
- Sioux Falls Marathon (SD) 9/10/17: <http://siouxfallsmarathon.com>
- Fox Valley Marathon (IL) 9/17/17: <http://www.fv26.com/>
- HITS Omaha Marathon (NE) 9/17/17: <http://omahamarathon.com>
- Grand Lake Marathon (OH) 9/23/17: www.grandlakemarathon.com
- Greater Binghamton Marathon (NY) 9/24/17: <http://GreaterBinghamtonMarathon.com>
- Quad Cities Marathon (IL) 9/24/17: <http://qcmarathon.org/>
- Monument Marathon (NE) 9/30/17: www.monumentmarathon.com
- New Hampshire Marathon 9/30/17: www.nhmarathon.com
- Maine Marathon 10/1/17: <http://mainemarathon.com/>
- Niagara Falls International Marathon (NY or ON) 10/15/17: <https://niagarafallsmarathon.com/>
- Kansas City Marathon (MO) 10/21/17: www.sportkc.org/marathon
- End of the Road Marathon (PA) 10/29/17: <http://triviumracing.com/event/endoftheroad/>
- **Ocean State Marathon (RI) 10/29/17: www.runri.us/narragansett-race-info



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Dear Prez:

A Salute to the Seniors

There is snow on the ground. Disney writes stories that indicate that snow is chilling. Trail runners' and skiers' opinions aside, I agree with Walt. Snow is cold; the wind can be bitter. Let me lie down on the couch here a minute and think this through... what possible silver lining could I bring to you this bleak white day? Zzzzz...zzzzzzzzzzzz

HOPE! Well, for one of us anyway, Mr. Prez. You see, with all due respectfulness, I've GOT you this year, Oh Confident One. You are going down, Sport! Our past records? Irrelevant I tell you. Your superior experience? Past laurel wreaths are only shedding their needles. Your fit physique? Do we detect it getting just a tad, well, lumpy? And besides, I'm already *planning* my planks and crunches, yessir! I've got HOPE, BIG PLANS, CRYSTAL CLEAR GOALS, and a SCHEDULE that starts TOMORROW!

Thing of it is, Prez old buddy, and I know you won't believe me, but I've started the comeback, and I am an INSPIRATION to thousands....hundreds...well, they recognize my face at the gym desk again. You see Prez, after a long winter's nap, I already went to the gym two days in a row, and I can see my legs getting more slender already. I've only had ice cream ONCE in the last two days. (Well, I guess technically that is if you count eating out of the same bucket as "once".) You sir, are in Big trouble.

Well, maybe. It's all talk until one does it.

A few heroes ARE ON a roll: members who are adding to career numbers in the hundreds of races finished, completing multiple circuits of the 50 states, knocking down ultra-marathons and ironman events in between, and continue to think nothing of running two marathons in one weekend, pulling off Titanium feats, and maintain lively lists of marathons for which they are registered, adjusting their calendars, and all the rest of the rhythm of preparing for races.

Then there are those newcomers who have knocked out 5, or 7, or even 10 marathons. They are looking forward to who-knows what sorts of excitement and adventure ahead. AND they've already accomplished extraordinary feats. That's a great part of the fun of your club, Prez. Everyone on the inside knows how special 1,000 are, and how very special 10 are.

And, too, some of us have been to some part or other of the mountain, but now, at the start of another new season, find even the foothills to be looming a bit intimidating. Dear Reader, if you think, "What? That's not me at all!", stay with me a moment longer...

Maniacism in the world of marathoning indeed has two seasons: the "On the Roll" season described, and the "Wow, more?" challenge season. To the former: don't get over-confident. Be they ever so humble, there's no one so gracious as the conquerors who encourage, and few so unhelpful as those who imagine some sort of immunity to snowier days.

To those in the midst of looking back over the shoulder of time and wondering whether those days are done: they may be, but you're not. You've earned the Maniac robe of tenacious experience; you know what it means to tough it out; you've triumphed and you've limped, celebrated and slumped through story-taled finishes, and you've gained a profound perspective on life you likely wouldn't have otherwise.

And so, whether your next event is a marathon, or a 5k, or a long night helping an old friend weather storms of a very different kind, you have won a great race: you've learned the lessons required to recover, and re-gain strength, to persist, and to live again, one foot in front of the other, one step at a time.

God bless you, in all seasons. You are admired, and you are loved, and never more than when you are doing the loving regardless of the season.

Luvya,
Rev
dgkienz@yahoo.com