



MARATHON MANIACS

JANUARY 2017 NEWSLETTER

Volume 14, Number 1

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David



Houston

HALF FANATICS

Marathon Maniacs running half marathons...
YES, it's true!

Tired of running marathons and ultras (HA!!)?
Need to back down on that weekly mileage
and concentrate on getting faster? Then join
the Half Fanatics (halffanatics.com). There are
currently over 15,000+ members in the
Fanatic Asylum, and I'm sure you'll recognize
a few names in the group. So jump on the
bandwagon now, get your qualifying races in
and join this new, zany group!

www.halffanatics.com





Leslie



Robert



Scott



Jill



Ross



Andy



Deb



Kim





Marathon Junkie runs his 400th marathon at Houston.



Ed and Glen



Charlotte



Ed takes first place in the Across the Years 6 day race with 451 miles.

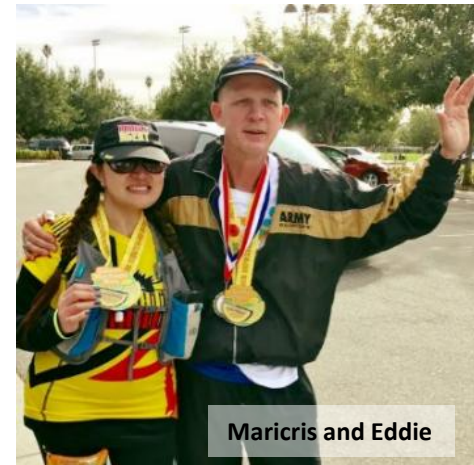


Mike

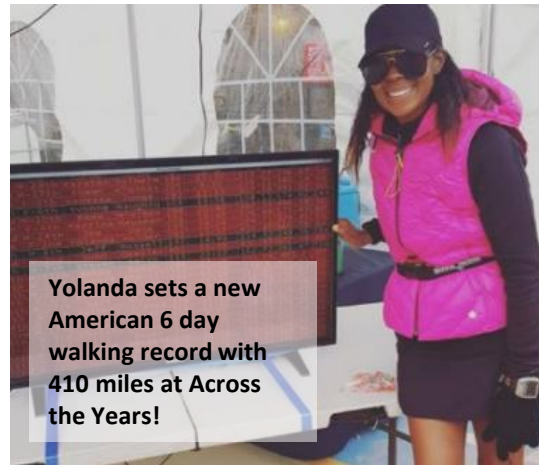


Searon





Maricris and Eddie



Yolanda sets a new American 6 day walking record with 410 miles at Across the Years!



mini-MARATHON MANIACS®

Get your child moving! An 8 week running program with fun and challenging running activities. After you sign your child up you will receive the following.

1. Tri-Fold brochure map to track your child's fitness journey.
2. Access to an interactive online map to track miles.
3. Sublimated Mini Maniac kids tech tee.
4. Mini Maniac Finisher Medal.
5. Mini Maniac official club number inside The Cave.

<http://www.marathonmaniacs.com/mini-maniacs>





SEATTLE LOCKS MARATHON

SEATTLE WASH.



Amanda



Mic



Rob



Wendy



Scott



Chuck



Shawn



Rich



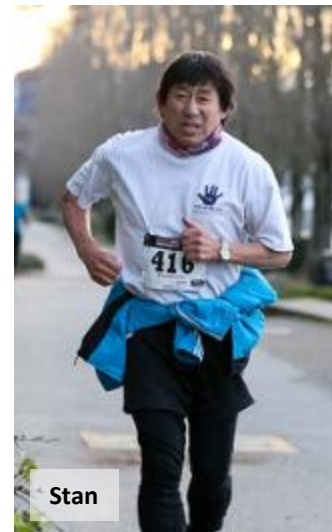
Janice



Melissa



Susan



Stan



Paul



Gary and Laura





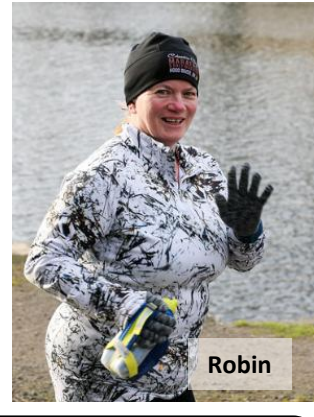
Monte and Mike



Marie



Cat and Deb



Robin

@mm7842

tag us on Instagram @marathonmaniacs and was chosen as this month's prize winner!



IF YOU #marathonmaniacs WITH A PHOTO OF YOU AND YOUR FAVORITE MANIAC GEAR ON INSTAGRAM THEN YOU MAY WIN A PRIZE!

JOIN THE MANIACS ON THESE SOCIAL NETWORKS



FACEBOOK:

Marathon Maniac page:

<http://www.facebook.com/pages/Marathon-Maniacs/144969288167>

Marathon Maniacs group:

<http://www.facebook.com/groups/marathonmaniacs/>

INSTAGRAM:

@marathonmaniacs - <http://instagram.com/marathonmaniacs>

TWITTER:

@mainmaniacs - <http://twitter.com/mainmaniacs>

Across all social networks use the hash tag:

#marathonmaniacs



HOUSTON MARATHON

HOUSTON, TEXAS



DOUBLE AGENTS

Since the formation of the Half Fanatics in 2009, a runner who is a member of both clubs is called a Double Agent.

Well, the Main Maniacs have decided to create an asylum dedicated to those who are Double Agents. In order to be assigned a Double Agent number you must have your dues paid and updated in both the MM and HF. Your name and e-mail address must match both clubs. Each day a program will run to generate new members.

New gear is available for Double Agents as well as a whole new set of challenges as you climb peaks.

For more information visit the Maniacs web site.



NEW DOUBLE AGENTS IN JANUARY:

Nathalie Ingram (#2752)
Lavanna Mack (#2753)
KIMARA RANDOLPH (#2754)
NATHANAEL DILLARD (#2755)
Gilbert Gatpandan (#2756)
ryan link (#2757)
Camelia Long (#2758)
Benjamin McBride (#2759)
Renee Ogden (#2760)
Hannaniel Smith (#2761)
Frances Espina (#2762)
Elizabeth Lam (#2763)
Lisa Samuels (#2764)
Eddie Big Dogg Perez (#2766)
Avinash Kelley (#2767)

Robyn Larkin (#2768)
Harry L. "REAL MEN WEAR PINK"
Hoffman Jr (#2769)
Peter Belair (#2770)
Lisa Petrarca-Belair (#2771)
Tim Scheidt (#2772)
Stephanie Clack (#2773)
Patti Grant (#2774)
Brooke Oliver (#2775)
Meghan Howard (#2776)
Stephanie Lee (#2777)
Angie Lucas (#2778)
Philip Caldera (#2779)
Tim Collier (#2780)
Carrlos Boyd (#2781)

Mark Kesley (#2782)
Abby Ross (#2783)
Jana Elias (#2784)
John Bader (#2785)
John Bulger (#2786)
Jennifer Vivion (#2787)
Angelo Colon (#2788)
Keri Matthews (#2789)
Mark Takizawa (#2790)
Donald VanOteghem (#2791)
Carmen Lockling (#2792)
Sarah Landman (#2793)
Dana Pistole (#2794)

MARATHON MANIACS CRITERIA

★★★★★ TITANIUM ★★★★★

- 52 Marathons or more within 365 days.
- 30 Marathons in 30 different US states within 365 days.
- 20 Countries within 365 days.

★★★★★ PLATINUM ★★★★★

- 45 - 51 Marathons within 365 days.
- 23 Marathons in 23 different US states within 365 days.
- 28 Marathons within 183 days.

★★★★★ PALLADIUM ★★★★★

- 38 - 44 Marathons within 365 days.
- 20 Marathons in 20 different US states within 365 days
- 13 Marathons within 79 days.

★★★★ OSMIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

★★★★ RUTHENIUM ★★★★★

- 31 - 37 Marathons within 365 days.
- 16 Marathons in 16 different US states within 365 days.
- 6 Marathons within 16 days.
- 4 Marathons in 4 days = QUADZILLA.

★★★ IRIDIUM ★★★

- 4 Marathons in 23 days.
- 19 - 25 Marathons within 365 days.
- 2 Marathons in 2 days (or 48 hours)
- 9 Marathons in 9 different US states within 365 days.

★★★ GOLD ★★

- 4 Marathons within 37 days.
- 12 - 18 Marathons within 365 days.
- 4 Marathons in 4 different US states within 51 days

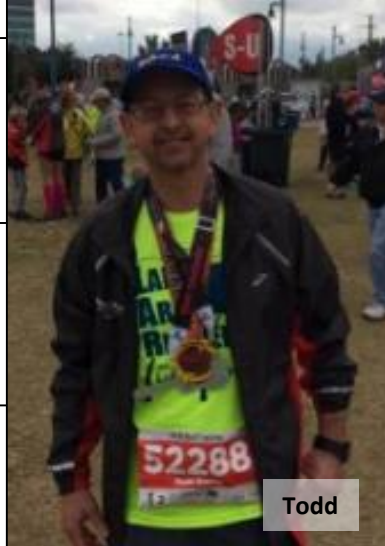
★ SILVER ★

- 3 Marathons within a 16 day time frame.
- 6 Marathons in 6 consecutive calendar months.
- 8 - 11 Marathons within 365 days.

BRONZE ★

- 2 Marathons within a 16 day time frame.
- 3 Marathons within a 90 day time frame.

If you reached a higher Maniac level and want the recognition in the Newsletter Please fill out this form: <http://tinyurl.com/MMupgrade>



Todd



Cathy



Kathy and Todd

Shawn



Philip



Sam and Claire

Upcoming Races!

Marathon/Ultra Calendar between March 4 - April 8

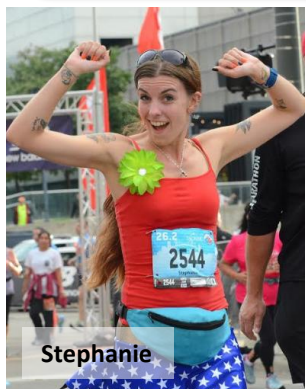
3/4	Diamond Valley Lake Marathon	26.2	CA	3/24	Mainly Marathons Dust Bowl Day 3	26.2	KS
3/4	Griffith Park Marathon	26.2	CA	3/24	Badger Mountain 100m / 50m / 50k	Ultra	WA
3/4	Snickers Marathon	26.2	GA	3/25	PRAIRIE SPIRIT TRAIL 100 & 50 MILE	100mi	KS
3/4	Maple Leaf Marathon Day 1	26.2	IN	3/25	Skidaway Island Marathon	26.2	GA
3/4	Seneca Creek Greenway Trail Marathon	26.2	MD	3/25	Springe-Deister-Marathon	26.2	NI
3/4	Mississippi 50 Trail Run	50K	MS	3/25	Wicked Marathon	26.2	KS
3/4	Trail Trashed Marathon	26.2	NV	3/25	Mainly Marathons Dust Bowl Day 4	26.2	CO
3/4	Myrtle Beach Marathon	26.2	SC	3/25	Valencia Trail Race	50K	CA
3/4	Run Hard Columbia	26.2	SC	3/25	Wrightsville Beach Marathon	26.2	NC
3/4	Woodlands Marathon	26.2	TX	3/25	Behind the Rocks	Ultra	UT
3/4	Beaumont Gusher Marathon	26.2	TX	3/25	Ultra Adventures Monument Valley	Ultra	AZ
3/4	Tinajas Ultras 100K & 50K	100K	TX	3/25	Moorea Marathon (Tahiti)	26.2	
3/4	Mountain Marathon	26.2	WA	3/25	HAT 50K	50K	MD
3/5	Kagoshima Marathon	26.2	JPN	3/25	Two Rivers (Day 1)	26.2	PA
3/5	Little Rock Marathon	26.2	AR	3/25	Sundown Marathon	26.2	
3/5	Napa Valley Marathon	26.2	CA	3/25	Tomoka Marathon	26.2	FL
3/5	Marathon of the Treasure Coast	26.2	FL	3/25	Clinton Lake Ultra (30 miler)	Ultra	IL
3/5	Maple Leaf Indoor Marathon	26.2	IN	3/25	Quarter Horse Marathon	26.2	KY
3/5	Vodaphone Malta Marathon	26.2	OTH	3/25	Dizzy Daze	Ultra	WA
3/5	Chattanooga Marathon	26.2	TN	3/26	Two Rivers Marathon (Day 2)	26.2	PA
3/11	Antarctica Marathon	26.2	AAT	3/26	B&A Trail Marathon	26.2	MD
3/11	Rock n Roll DC	26.2	DC	3/26	Ann Arbor Marathon	26.2	MI
3/11	Cactus Classic Trail Race	26.2	IL	3/26	QRD Queens Marathon & Tune Up	26.2	NY
3/11	Land Between the Lakes Trail Run	50mi	KY	3/26	A2A Arbuckles to Ardmore Race	26.2	OK
3/11	Labor of Love Marathon	26.2	NV	3/26	All American Marathon	26.2	NC
3/11	Land Run 50K	50K	OK	3/26	Cupcake Fun Runs	26.2	WA
3/11	CRAZY DESERT TRAIL RACE	50K	TX	3/26	Ocean Drive Marathon	26.2	NJ
3/11	Sand Hollow Marathon	26.2	UT	3/26	Mainly Marathons Dust Bowl Day 5	26.2	NM
3/11	Elizabeth's Furnace 50k	50K	VA	4/1	Aravaipa Crown King Scramble	50K	AZ
3/11	Spring Run for Fun	26.2	WA	4/1	Circular Logic Marathon	26.2	IN
3/12	Barcelona Marathon	26.2		4/1	Savin Rock	26.2	CT
3/12	Lower Potomac River Marathon	26.2	MD	4/1	Umstead 100	100mi	NC
3/12	SARR Prickly Pear 50K Trail Race	50K	TX	4/1	Hells Hills 50M & 50K	50mi	TX
3/12	Zydeco Marathon	26.2	LA	4/1	Yakima River Canyon	26.2	WA
3/12	one city marathon	26.2	VA	4/1	Charlottesville Marathon	26.2	VA
3/12	Asheville Marathon at Biltmore Estate	26.2	NC	4/1	Andrew Jackson Marathon	26.2	TN
3/12	Northern Trails Marathon	26.2	NC	4/1	Trailbreaker Marathon	26.2	WI
3/17	Titi Ultra	Ultra		4/1	Fools Trail Run 50K	50K	OH
3/18	Wicked Root 50k	50K	NC	4/1	ATHENS BIG FORK TRAIL MARATHON	26.2	AR
3/18	Napa Valley Trail Marathon	26.2	CA	4/1	American River 50 Mile Endurance Run	50mi	CA
3/18	Kirikiroa Marathon	26.2	WKO	4/1	New Jersey Ultra Festival	50K	NJ
3/18	Chuckanut 50k	50K	WA	4/2	Big D Marathon	26.2	TX
3/18	Pacific Rim One Day Run	Ultra	WA	4/2	Covenant Health Knoxville Marathon	26.2	TN
3/18	Raccoon Mountain Marathon	26.2	TN	4/2	Rome Marathon	26.2	RM
3/18	Aravaipa Mesquite Canyon	Ultra	AZ	4/2	Irving Marathon	26.2	TX
3/18	Running the Shoals Marathon	26.2	AL	4/2	Oakland Running Festival	26.2	CA
3/18	End-Sure	50K	ND	4/2	Rock 'N' Roll Raleigh	26.2	NC
3/18	Instant Classic Trail Race	26.2	VA	4/7	Marathon des Sables	Ultra	
3/19	Buzzard Day Trail races	50K	OH	4/7	Ultra Adventures Zion 100m/100k	Ultra	UT
3/19	Itabashi City Marathon	26.2		4/7	Zumbro Endurance Run (50/100)	100mi	MN
3/19	Modesto Marathon	26.2	CA	4/8	Hogeye Marathon	26.2	AR
3/19	Fall Creek 50K	50K	TN	4/8	Queen City Marathon for Active Water	26.2	MD
3/19	Los Angeles Marathon	26.2	CA	4/8	Yakima Skyline 50k	50K	WA
3/19	Big Island International Marathon	26.2	HI	4/8	Ultra Adventures Zion 55K	Ultra	UT
3/19	Seabrook Lucky Trail Marathon	26.2	TX	4/8	Lake Lowell Marathon	26.2	ID
3/19	Publix Georgia Marathon	26.2	GA	4/8	Lumberjack 100	100mi	WA
3/19	the Yuengling Shamrock Marathon	26.2	VA	4/8	Garden Spot Village Marathon	26.2	PA
3/19	Bataan Memorial Death March	26.2	NM	4/8	Brian Mickelsen Memorial Marathon	26.2	AZ
3/19	Tobacco Road Marathon	26.2	NC	4/8	Aravaipa Whiskey Basin	Ultra	AZ
3/19	Seoul International Marathon	26.2	KOR	4/8	Ozark Foothills 50K	50K	MO
3/22	Mainly Marathons Dust Bowl Day 1	26.2	TX	4/8	Yamacraw 50k	50K	KY
3/23	Mainly Marathons Dust Bowl Day 2	26.2	OK		...more races on April 8, See Maniac calendar for full listing.		

New Maniacs in January 2017

Leslie Hooper-Boley (#13494)
Nneka Folake Ikejiani (#13495)
Nathalie Ingram (#13496)
Mandy Sullivan (#13497)
Lavanna Mack (#13498)
KIMARA RANDOLPH (#13499)
Candace Kirby (#13500)
NATHANAEL DILLARD (#13501)
ryan link (#13502)
Camelia Long (#13503)
Maria-Renee Pledger (#13504)
Laura Hast (#13505)
Benjamin McBride (#13506)
Christo Baltas (#13507)
Crystal kraut (#13508)
Hannaniel Smith (#13509)
Frances Espina (#13510)
Ariel Acosta (#13511)
Bob Law (#13512)
Elizabeth Lam (#13513)
Stephanie Northway (#13514)
Jeff Harper (#13515)
Lisa Samuels (#13516)
Meggie Meyer (#13517)
Michael Cleary (#13518)
Vicente "vincerunner" Santiago (#13519)
Jen Stone (#13520)
Alexander Ulltjärn (#13521)

Marie Mickelson (#13522)
David St.Laurent (#13523)
Monsterous Mad Mike (#13524)
Christine Murasaki Ainsworth (#13525)
Avinash Kelley (#13526)
Amy Halpern (#13527)
Jamik Ligon (#13528)
Barbara Weller (#13529)
Courtney Robinson (#13530)
Tim Scheidt (#13531)
Stephanie Clack (#13532)
Angelia Finnegan (#13533)
Brian Allmond (#13534)
Dasarathy Raghavan (#13535)
Patti Grant (#13536)
Brooke Oliver (#13537)
Rachel Hyatt (#13538)
Philippe Dubost (#13539)
Stephanie Lee (#13540)
April Mims (#13541)
Solomon Geht (#13542)
Angie Lucas (#13543)
Katrina Stephan (#13544)
Ashley Martin (#13545)
Stephanie Hanning (#13546)
Stephanie Harvey (#13547)
Philip Caldera (#13548)
Irene Medina (#13549)

Tim Collier (#13550)
Stephanie Stafford-Cole (#13551)
Jaimie Gosselin (#13552)
Mike McGinnis (#13553)
tracy medina (#13554)
Rebecca Dohe (#13555)
Johnny (#13556)
Abby Ross (#13557)
Sara Santilli (#13558)
Brad Knutson (#13559)
Jana Elias (#13560)
John Bulger (#13561)
Jeffrey Matucha (#13562)
Michael Suchan (#13563)
Jennifer Vivion (#13564)
Keri Matthews (#13565)
Siobhan Guthrie (#13566)
curtis boyd (#13567)
JUAN HERNANDEZ (#13568)
Lee Nathan (#13569)
Mie (#13570)
Leslie Lara (#13571)
Cristina Snyder (#13572)
Sarah Landman (#13573)
Dana Pistole (#13574)
Melissa Golyski (#13575)
Gina Bolen (#13576)
Sara Jimenez (#13577)



Stephanie



Brian



Phil



Cristina



Stephanie



Sarah



Lisa



Natalie



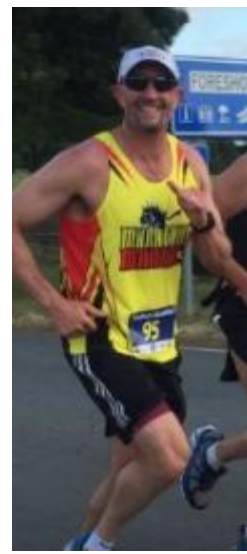
Nadia and Julia



Sam



Cade



Maricris



Gregg LeBlanc and Steve Walters

FROM THE EDITOR...

Happy New Year! Let's start the year off on the right note. Are you running a marathon here in the first couple of months of the new year? If not, then I hope you have some epic plans for the Spring. Whatever the case, Maniacs are out and about.

Happy Running!

- Steve "Marathon Freak" Walters MM#338

MANIAC ONGOING DISCOUNTS

Jeff "Boneman" Bollman (#1058)



With the new website comes a new way to identify race discounts. All discounts are now located on the race calendar page. Look for the gold coin following the race name, that signifies a discount. Click the coin and after a brief disclaimer reminding us that discounts are for members only, the code will be revealed along with the amount saved.

The programmers are working on lots of website items and one is a non-race related discount link. Until that's complete, you'll need to email Jeff Bollman (jeff@marathonmaniacs.com) for the running warehouse discount.

- Little Rock Marathon (AR) 3/5/17: www.littlerockmarathon.com
- Marathon of the Treasure Coast (FL) 3/5/17: <http://treasurecoastmarathon.com>
- Raccoon Mountain Marathon (TN) 3/18/17: <https://runchattanooga.org/rmm/>
- Wicked Marathon (KS) 3/25/17: <http://wickedmarathon.org/>
- Wrightsville Beach Marathon (NC) 3/25/17: www.wrightsvillebeachmarathon.com
- Valencia Trail Race (CA) 3/25/17: <https://valenciatrailrace.com/>
- Knoxville Marathon (TN) 4/2/17: www.knoxvillemarathon.com
- Hogeve Marathon (AR) 4/8/17: www.hogeyemarathon.com
- **Blooms to Brews Marathon (WA) 4/9/17: <http://bloomstobrews.getboldevents.com/>
- Newport Rhode Race Marathon (RI) 4/15/17: <http://runri.us/newport-race-info/>
- Carmel Marathon (IN) 4/22/17: www.carmelmarathon.com
- Garmin Marathon (In the Land of Oz) (KS) 4/22/17: <http://ozrun.org>
- Coastal Delaware Running Festival 4/23/17: www.codelrun.com
- Pro Football Hall of Fame Marathon 4/30/17: www.hofmarathon.com
- Wisconsin Marathon 5/6/17: www.wisconsinmarathon.com
- Colorado Marathon 5/7/17: www.thecoloradomarathon.com
- Eugene Marathon 5/7/16: <http://eugenemarathon.com>
- Providence Rhode Race Marathon (RI) 5/7/17: <http://runri.us/providence-race-info/>
- Brookings Marathon (SD) 5/13/17: www.brookingsmarathon.com
- Shiprock Marathon (NM) 5/13/17: www.shiprockmarathon.com
- Shipyard Maine Coast Marathon (ME) 5/14/17: <https://mainecoast262.com/>
- Vermont City Marathon 5/28/17: www.vermontcitymarathon.org
- Casper Marathon (WY) 6/4/17: www.runwyoming.com
- **Deadwood Mickelson Trail Marathon 6/4/17 (SD): www.deadwoodmickelsontrailmarathon.com
- Angel Fire Adventure Marathon (NM) 7/2/17: <http://rwcadventures.com/cgi-sys/suspendedpage.cgi>
- Anchorage RunFest (AK) 8/20/17: www.anchoragerunfest.org
- **I Run For... Marathon (NY) 9/10/17: www.irunforhalfmarathon.com
- **Fox Valley Marathon (IL) 9/17/17: <http://www.fv26.com/>
- HITS Omaha Marathon (NE) 9/17/17: <http://omahamarathon.com>
- **Grand Lake Marathon (OH) 9/23/17: www.grandlakemarathon.com
- Greater Binghamton Marathon (NY) 9/24/17: <http://GreaterBinghamtonMarathon.com>
- **Maine Marathon 10/1/17: <http://mainemarathon.com/>



PLEASE RENEW YOUR ANNUAL MANIAC DUES (ON YOUR MANIAC BIRTHDAY)
YOUR DUES HELP MAINTAIN THE CLUB AND KEEP THE COVETED MANIAC GEAR IN STOCK!!
A REMINDER IS SENT WITH THE MONTHLY E-FLASH AND SOME OF YOU ARE OVERDUE!!

RHETORICAL REVELATIONS AND W(RITES)... FROM THE RAMBUNCTIOUS REV



Good Day, Mr. President!

(President, in this case, = Mr. Steven Yee, of “Marathon Maniacs”, and so you may read assured this is not a political column, so you need not duck to continue.)

Marathon implies “takes a while”. Perhaps: “a little more than two hours of intense running effort” for a few. For more, “three to five hours of intense effort”, or possibly, “four to seven hours of all-the-effort I could muster.” Outside the box it might mean, “four and a half hours of running while juggling, or basketball bouncing, or simply some story-telling, while ambling that-a-way.”

Do we all learn *anyone* thing from the experience?

We have certainly all heard a same comical bit of insight, often shouted by the obviously boozed: “Heyyyyy! One foot in fron...in frrrrrontt of the otherrrr!” Thanks, Phidippides. I WAS thinking of turning around and trying to make it backwards on my bottom. You know, save wear and tear on the new Hokas.

But in the last few miles does come a same lesson, over many races, gradually absorbed by both the Elite and the Elate divisions. And it is about taking one step at a time, in many challenges of life, and for far longer than may seem agreeable.

Complete the online master’s degree? One course at a time. Rake the leaves? One sweep at a time. Shovel out the driveway? One oomph at a time.

Paint the hallways? AND the ceiling? Please no. One stroke at a time, all morning, stop for lunch, all afternoon, early evening, clean the brushes, and, sigh, rinse and repeat again tomorrow.

Less simple... go visit and sit with dementia-dulled Granma on Saturday, and answer one re-repeated question at a time, over, and over, and over again, as patiently as one step at a time. The sun will rise, travel, and set, and by the time you return home that night she forgot your visit, but she enjoyed the moments as they occurred...occurred...occurred.

Marathons might strengthen one’s ... mental fortitude, and just when it is most needed. Watch, and support however painfully, a friend’s battle with a long-term addiction, or improvise and persist gracefully through your own uphill struggle of whatever kind. The recollection of those suffered 23rd miles may take on an entirely new and moving metaphorical meaning.

Prez, Chris, Tony, thanks yet again. I enjoyed my first couple of marathons, but they would have been about it. Then your goofy Ruthenium and Iridium challenges and inspiring friends kept me in the game. The game has never been easy for me, but you knew that. In confronting the challenge again, and again, gave me more than my fair share of time to think, plot, plan, persist, reflect. Later, as life occasionally tosses its challenges on our trail, the tenacity of trudging through those 23rd miles (orninth), reemerges to inspire a patient, *keep-going*. Sometimes, it makes a great difference.

Thanks for bringing us that, Prez. Thanks. And oh yeah: don’t you forget to visit me someday. But if you do, well then, I’ll come visit you.

Luvya,
Rev
dgkienz@yahoo.com